

Seasonal
Local
Organic



M-F
8am-
3pm

Boxed Lunches

1 Box Per Person (minimum 8 boxes)

SAMMIES

9.00 per person

**choose chips or an apple*

TURKEYCHEDDAR BACON

turkey, cheddar cheese, local bacon, mayo, on thick country white bread, panini pressed

CRANBERRY TURKEY

bacon, pickled red onion, organic greens, cranberry mayo, goat cheese, on hearty wheatberry bread

PESTO MOZZARELLA

fresh mozzarella, fire roasted red pepper, pesto aioli, organic greens, cherry-wood aged balsamic, on wheatberry bread

SEASONAL WRAP

fresh seasonal veggies, house-made spread, greens, chicken or roasted chickpeas

GRAIN BOWL

11.00 per person

utensils included

Served on organic quinoa, with either roasted chicken or roasted chickpeas, a variety of seasonal toppings and house-made dressing

**call ahead to find out what's on this season*

SALAD

10.00 per person

utensils included

CHICKEN SALAD

Chicken, organic greens, cucumber, organic quinoa, house-made basil vinaigrette

SEASONAL SALAD

Call ahead to find out what we have created with the seasons harvest

SMOKED SALMON SALAD * +\$2

smoked salmon, organic greens, sweet baby beets, cucumber, house-made dill dressing

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ADD-ONS

DRINK BOX

(serves 8-10) 25.00

HOUSE MADE LEMONADE

BLOOD ORANGE ICED TEA

LAVENDER LEMON ICED TEA

SPEARMINT ICED TEA (DECAF)

COFFEE BOX

(serves 8-10) 25.00

HOT BREWED COFFEE
COLD BREWED COFFEE
DECAF COFFEE

PASTRY TRAY

(serves 8-10) 30.00

VARIETY TRAY OF COOKIES,
BROWNIES, MUFFINS AND
MORE!
GF AVAILABLE

COFFEE BREAK ON THE GO

(serves 15-20) 100.00

(serves 35-40) 150.00

HOUSE-MADE PASTRIES
BAGELS WITH CREAM CHEESE
COFFEE

*CUPS AND SWEETENERS
INCLUDED

**all price subject to 6% sale tax and 18% gratuity*

**Please provide minimum 24hr notice*

**free local delivery with orders over \$120*

**Gluten-Free options available*